

REGULATIONS ON RUNNING THE INTERNATIONAL MOUNTAINEERING COMPETITION FOR UNITS PERFORMING TASKS IN HIGHLAND 'ELBRUS RING'

I. Description, characteristics and organization of the competition

1. The international competition for the units performing tasks in highland 'Elbrus Ring' (hereinafter referred as competition) is organized as part of the International Army Games 2018. This is a team competition, and the results of the teams will be assessed according to their total score.

II. Purposes and objectives of the competition

2. Purposes of the competition:

strengthening of international military and military technical cooperation of the participating countries;

increasing of the fieldcraft level of the competition participants;

popularization of military service in mountain troops.

3. Objectives of the competition:

professional development of commanders controlling mountain units in highland;

testing of military personnel skills in preparing of weapons, special and climbing equipment to combat employment and readiness of military personnel to perform tasks in highland;

practice of working in challenging climatological and geographical conditions with the use of conventional and advanced models of navigation, communication, reconnaissance and climbing equipment;

development of volitional powers, psychological resistance, physical endurance and improvement of survivability in mountainous area;

defining of the best unit according to the results of the competition.

III. Preparing and Running the Competition

4. The Competition Director, Panel of Judges and Competition Organizing Committee are appointed for running the competition and perform their duties (Appendix 1).

Direct organization and management of the Competition lies with the Physical Training and Sport Department of the Armed Forces of the Russian Federation (hereinafter referred to as the Physical Training Department).

The personnel of the Competition administration and the Panel of Judges is defined and appointed by the Director of the Physical Training and Sport

Department of the Armed Forces of the Russian Federation.

The Competition Organizing Committee is responsible for planning, preparing and running the competition.

The Panel of Judges consists of the Chief Judge of the Competition (judge of the national category), the Assistants of the Chief Judge (judges of the 1st category) – 3 persons, the Chief Secretary (judge of the 1st category) – 1 person, the Judges of Special Tasks (judges of the 1st or 2nd category) – 14 persons. The Panel of Judges can also include representatives of the participating teams (as agreed).

The Panel of Judges of the competition is responsible for running the competition in accordance with the Regulations on the competition, scoring and summarizing of the competition.

IV. Participating teams and competition participants

5. The teams submitted the application for the Competition in due time, are allowed to participate in the Competition.

Military persons passed mountain training course and having following abilities are allowed for the competition:

defining risks in mountains independently;

moving in a mountain unit through different types of mountainous terrain using climbing equipment;

climbing mountain passes (peaks);

cargo and injured transportation with the use of conventional and improvised equipment.

6. The participating team should consist of:

the Head of the participating Team (referee) – 1 person;

the Team Chief – 1 person;

instructors – 2 persons;

platoon (group) – 12 persons (platoon (group) commander – 1 person, mountain instructor (mountain guide) – 1 person, squad commanders – 2 persons, reconnaissance machine gunner – 1 person, reconnaissance sniper – 1 person, reconnaissance radiotelephone operator (code operator) – 1 person, reconnaissance aid-man – 1 person, reconnaissance man – 4 persons);

reserve servicemen (riflemen) – 2 persons.

Total: 18 persons.

7. A reserve participant is allowed to take part in the competition upon a written application of the team foreman before beginning of the competition, with the permission of the Chief Judge.

Replacement of participants by reserve servicemen after beginning of the competition is not allowed.

8. The participating teams use weapons, climbing equipment and accessories similar by their characteristics to the ones being in service in the Armed Forces of the Russian Federation (Appendix 3).

Using self-made equipment or equipment with independently made changes

(completions) and also the equipment which is not determined by regulations is not allowed.

The team has to be provided with identical samples of special, climbing property and equipment, and video cameras to have all team's actions recorded (two GoPro type with spare batteries).

The list of mandatory weapons, special, mountaineering equipment and team equipment shall be counted. All the items shall be weighed at the technical commission. In the event that any of the equipment items is lighter than the one specified in the list (Appendix 3), the contest organizers consider the possibility of replacing the identified weapons or equipment items with a full-fledged one. The final list of weapons, special, climbing gear and equipment is approved by the chairman of the technical commission and is entered in the registration card of weapons, climbing gear and team's equipment (Appendix No. 13).

The unit commander distributes weapons, rations and climbing equipment to the members of the unit.

9. Issues connected with overall support of the competition participants, their responsibility for inflicting injury on the competition participants or damaging material and technical resources and compensation of such injury or damage are settled by agreement with the competition participants.

V. Carrying out credentials committee and draw

10. The credentials committee is carried out on the day before the first day of competitions.

The chief judge during one of daily meetings with representatives of teams-participants explains and specifies an order of carrying out credentials committee and conditions of draw.

One of main objectives of credentials committee – confirmation of bids by teams-participants.

On credentials committee the senior of team-participant of a competition submits to the chief judge of competitions the following documents:

application for participation in a competition (appendix No. 2). The application is confirmation of readiness of staff of team on technical, medical and physical indicators to participate in a competition;

identity documents (passport).

11. After credentials committee the chief judge will conduct the draw of 1 stage of competitions.

It is carried out in the manual mode at direct presence of official representatives, participants of competitions, representatives of teams.

Draw it is carried out by method of direct pulling of zherebyevochny numbers manually. For draw the glass transparent vessel in which spheres on number of teams-participants are placed is used. Spheres have to provide placement in them starting numbers.

Following the results of draw the secretariat of competitions assigns to each team starting number on 1 stage.

On the day before carrying out 2 and 3 stages draw is also carried out.

If the team is removed from a distance (it is exempted from further participation) after the end of draw, then other teams continue to act at numbers chosen by lot.

12. After draw and definition of starting numbers for member countries draw of foreign judges for implementation of refereeing of each team on each special task.

VI. Scoring system

13. The places of the participating teams at the end of the competition are defined according to the total score for performing the special tasks.

The team having the best results for a special task, receives 1000 points (if a scoring procedure is not defined in a special task).

The score of other teams for performing a special task is calculated according to the following formula:

$$\text{Result} = \frac{t_1}{t_2} \times 1000$$

t_1 – time of the best team

t_2 – time of the team

At the Special Task 1 'Individual Climbing' time results of participants are summed up. And at the Special Tasks 2 'Climbing in a Roped Party', 3 'Mountain Obstacle Line' the points of participants or a roped party (three participants) are summed up.

14. The competition participants receive penalty time and points for violation of obstacle crossing techniques and safety requirements (Appendix 4).

In case of disqualification of a participant (roped party) or a team, they don't receive points for a special task.

If basic members of a team are sidelined, the penalty for the team is an additional time equal to 1/12 for every not participating person (in the starting day and next days).

If 3 or more team members are sidelined, the team is suspended from participation.

15. If two or more teams have equal total scores at the end of the competition, their results will be defined according to maximal score for performing of a Special Task 14 'Elbrus ascent'.

16. In case of prerequisites to violation of the safety requirements, force-majeure circumstances or the effect of compelling force able to affect the results of the competition, the Chief Judge suspends it either for a particular team or for all participating teams moving on a route before providing normal conditions for continuing of the competition. At the same time the time tracking for teams moving on a route is suspended. After elimination of causes of the suspending, the time tracking is continued at the command of the Chief Judge.

17. The results of every competition day are recorded in a protocol, which is signed by the members of the Panel of Judges and after approval by the Chief Judge of the competition the protocol is forwarded to the teams and the Chief Judge of the Army Games.

The results of the teams are represented by the Panel of Judges in the table

of records. The place in the table of records corresponds with the score of a particular team.

VII. Health service support and safety requirements

18. The Competition should be provided with medical support having an opportunity to allow team members to participate, deliver medical treatment to injured and ill participants, and transport them to medical facilities of the Defense Ministry of the Russian Federation, if necessary.

The Medical Officer of the Competition, subordinated to the administration of the Competition, is responsible for correct and well-timed medical support.

19. Before departure from permanent dispositions, all participants should: pass medical examination in order to confirm their medical readiness to perform tasks in mountains;

arrange insurance policies from 3 to 10 August 2017 for mountaineering (Program E), including expenses for air searching and injured transportation.

After arrival of the teams to the competition place and before beginning of the competition the participants attend a medical examination.

During the competition, health service support en route is performed by the aid-man of the participating team.

20. Injured persons are evacuated with the use of cars and helicopters to medical facilities.

21. The administration and participants of the Competition should follow the Safety Requirements (Appendix 5). Safety briefings are provided upon arrival of the teams to the competition place.

VIII. Procedure for awarding of competition winners

22. Winners of the competition are awarded ceremoniously with cups, medals and valuable gifts. The awarding ceremony takes place at the end of the competition and after approval of the final competition protocol by the Chief Judge of the competition.

IX. Procedure for lodging and consideration of protests

23. Protests referring to the results of a competition day or actions of the competition Panel of Judges are lodged by the leader of the participating team in the form of a written request.

Protests are received by the Chief Secretary of the Competition before approval of the results of a competition day.

The time of approving of daily results is defined by the Chief Judge of the Competition.

The request includes photographic and video materials capturing claimed moments (actions) which need consideration and settlement by the competition Panel of Judges and specifying a point of issue, time and place of the claimed

actions.

24. The decisions of the Panel of Judges connected with security issues including cancellation of stages (special tasks) or their suspending do not give occasion to a protest.

A protest is considered by the Main Board of Judges (Chief Judge, Chief Secretary of the Competition, Safety Assistant of the Chief Judge, Technical Assistant of the Chief Judge, Assistant of the Chief Judge for Practical Actions) with engagement of Special Tasks Judges.

The General Panel of Judges gives both sides of the protest a hearing. If any side doesn't attend the proceedings, the decision of the General Panel can be taken in the absence of this side.

The final decision referring to the protest is taken by the Chief Judge of the competition.

25. The decision referring to the protest is written in the protocol, approved by the Chief Judge of the competition and forwarded to the head of the participating team lodged the protest.

In case of disconfirmation of the lodged protest the team which has lodged it receives 300 penalty points.

X. Schedule of the competition

26. The Competition has 3 stages:

Stage 1 – competition at the training facilities of the Terskol Center.

Day 1

Special Task 1: Individual climbing on an artificial terrain (climbing wall).

Uniform:

special suit, climbing shoes, kevlar helmet, ammunition vest, assault rifle cal. 5.45 mm and 4 magazines, climbing harness, big carabiner with coupling – 1 pc, small carabiner with coupling – 2 pcs, 10 mm climbing rope for chest and seat harness – 4 m).

Starting position:

the participants are fastened on a judge rope, hands and one foot are on grips of a climbing wall, one foot is on a mat (platform) in a place marked by a square.

Procedure of performing of the special task:

Upon readiness of participants, the command is given by the voice “To the start! Attention! March!”. The command "March!" Is duplicated by a sound signal. Two participants will start simultaneously on two parallel routes. Participants overcome the route with pure climbing without the help of any devices that facilitate or accelerate the movement.

The finish is the moment when the participant presses the finish button. The “START-FINISH” electronic system is duplicated by a timekeeper using two stopwatches for each participant.

In the event of an electronic fixation system failure, a panel of judges checks equipment. When a malfunction of the electronic system is spotted, the participant is credited with the result recorded by the timekeeper.

Climbing and descending are performed only with the top belay provided either by an automatic belay system or by safety judges.

Procedure of performing of the special task:

All team members perform this task (12 persons).

Machine gunner and sniper perform the special task with rifles cal. 5.45 mm.

“Sling arms” positioning of the weapon in course of the special task should provide its rapid use. Use of any other devices (carabiners, straps) are not allowed to adjust the weapon.

The safety of participants is ensured by the automatic belay system.

The score of every participant for performing a special task is calculated according to the following formula:

$$\text{Result} = \frac{t_1}{t_2} \times 83$$

t_1 – time of the best participant

t_2 – time of the participant

The points of all participants are summed up for defining a result of a team for the special task.

Special Task 2: Land navigation in high mountain area.

Uniform:

special suit, climbing shoes, kevlar helmet, tactical vest, assault rifle cal. 5.45 mm and 4 magazines, individual radio, backpack (volume 60 l + 20 l) \geq 10 kg.

Starting position:

Double column formation behind the “Start” line.

Execution features:

On the day before performing of this special task the commander of the group marks control points (CP).

On the eve of the special task, the competition organizers issues the group commander a map of the area without applied CPs for studying the terrain (Appendix No. 8).

Time: 70 minutes

The total number of control points (CP) - 20

Checkpoint (CP) № 60 must be found first.

Team time is determined by the group commander's chip, so at the start it is marked first and receives a card, and at the finish it is marked the last of the group.

Movement is accomplished with set up of forward guard and in compliance with camouflage measures.

Procedure of performing of the special task:

The time is kept from crossing the starting line.

The team should find as much CP marked on a map as possible for 70 minutes. Crossing the CP is recorded with the use of an electronic system. The entire team should use the electronic system. The time gap between the first team member and the last one should not exceed 180 seconds, otherwise crossing the CP will not be considered. The sum of CP points is equal to the first number of a CP code. For instance, CP 31 is equal to 3 points.

The group organizes close-in defense and concealment on a route.

The group receives bonus points for finding of every control point. For finding of all control points the group receives 100 points.

Day 2

Special Task 3: Climbing in a roped party on an artificial terrain (climbing wall).

Uniform and equipment for every serviceman: special suit, climbing shoes, kevlar helmet, gloves, ammunition vest, assault rifle cal. 5.45 mm and 4 magazines, climbing harness kit (big carabiner with coupling – 2 pcs, small carabiner with coupling – 3 pcs, 'Figure-8' or 'Reverso' descender device - 1 pc, 10 mm climbing rope for chest and seat harness – 4 m, two pieces of 6 mm reepschnur – not less than 1 m). For one roped party: two 10 mm climbing ropes – 50 m each, sling – 2 pcs, assembled runner with straight-gate and wire-gate carabiners – 10 pcs, big carabiner with coupling – 4 pcs (provided by administrators at start of the stage).

Starting position:

The participants are fastened on a judge rope and stand on a marked platform. Equipment provided by the administration of the Competition is placed on a marked platform, the rope for a roped party is coiled.

Procedure of performing of the special task:

participants fasten themselves on a judge rope. As the participants are ready, the command 'GO' is initiated. The members of a roped party should loose the coiled rope and tie themselves with figure-8 bend. First member of a roped party climbs on a marked route with protecting of a climb at passing points (not less as five) before reaching the station place (marked on a route). Organization of the station and vertical handhold (if they are foreseen in the tactical plan of the roped party). Second member of a roped party climbs by fixed rope or without it. Change of a roped party leading member and moving to the second station. Descent with the use of a rope: the first member of a roped party descends with the use of upper climbing protection, the second member descends using a double rope and self-protection with prusik knot, running through a rope. The time of performing of the special task is stopped after falling of the rope into the finish zone.

Procedure of performing of the special task:

Two roped parties from every team perform this task (every roped party consists of 2 persons).

Machine gunner and sniper perform the special task with rifles cal. 5.45 mm.

The belay is ensured either by the automatic belay system or by safety judges.

The score of a roped party for performing a special task is calculated according to the following formula:

$$\text{Result} = \frac{t_1}{t_2} \times 500$$

t_1 – time of the best roped party

t_2 – time of the roped party

The points of all roped parties are summed up for defining a result of a team for the special task.

Day 3 Day 4

Special Task 4: Mountain obstacle line

Uniform and equipment for every serviceman:

special suit, demi-season (tracking) boots, kevlar helmet, gloves, ammunition vest, standard weapon, climbing harness kit (big carabiner with coupling – 2 pcs, small carabiner with coupling – 3 pcs, 'Figure-8' or 'Reverso' descender device - 1 pc, 10 mm climbing rope for chest and seat harness – 4 m, two pieces of 6 mm reepschnur – not less than 1 m).

Starting position:

Two groups of 3 participants (hereinafter referred to as threes) are in a marked area in prone position with weapons and equipment and observe the first obstacle. Two other threes are in the waiting area, ready to move to the starting position upon the signal of the judge.

Procedure of performing of the special task:

As the threes are ready, the command 'GO' is initiated. The threes should cross the obstacles in a marked direction and perform appropriate actions in the following order:

run to the first obstacle – two participants guard the area in a battle-ready position in marked places, one participant climbs with the use of a vertical fixed rope (using the 'jumar' ascender, protected with prussik knot, a control carabiner is attached to the jumar) to the protecting station, arranges self-protection, makes himself ready for action and gives a signal to the next participant. The second and the third participants climb in turn from battle-ready positions;

lift the rope with fixed box (cargo) weighing 24 kg to the mark, let down the cargo to the starting point hand over fist; The exercise is performed by one of three participants after climbing of three participants to the protecting station and arranging self-protection;

crawl to the opposite slope using one-rope bridge (and self-protection); Crawling is performed in turn. The first participant crawls to the opposite slope, other two participants are in marked places in kneeling positions, guarding the crawling participant.

descend to the depth not less than 5 meters with the use of a fixed rope (a participant descends only when the rope is free, other participants are waiting for descent in marked places in a battle-ready position, guarding the participant

crossing the obstacle), 'Figure-8' or 'Reverso' descender devices and self-protection with prussik knot;

cross a dry river wash via marked stones in turn.

throw a grenade into a trench (width 1-2 meters, length 2-4 meters) on a slope (steepness 30-35°). Distance to the trench is 20-25 meters. RGD-5 grenades (310 grams) are situated at the throwing site. One participant of three throws three grenades one after another standing or running. If a grenade falls behind the trench and then rolls into the trench it is considered as hit. Other two participants are guarding him;

pass a swinging log (length not less than 5 m, diameter 20-30 cm). The first participant crosses the obstacle via the log, other two participants are in marked places in kneeling positions, guarding the running participant;

cross a destroyed bridge in turn. The first participant crosses the bridge, other two participants are in marked places in kneeling positions, guarding the running participant;

climb a steep slope (30-35°) 40-45 meters long (a participant can use a judge fixed rope) and touch the control point;

descend using a 'sport' technique 40-45 meters down the slope (steepness 30-35°) with prusik knot protection. One participant of the three performs the exercise, other two participants are in marked places in kneeling positions, guarding the crawling participant;

simultaneously and in any way go through a restricted pass not less than 5 meters long and not more than 0,5 meters high;

when the third participant goes through the restricted pass, all three participants run through a marked corridor and crosses the finish line. The time is stopped when the last participant of the three crosses the finish line.

Procedure of performing of the special task:

Equipment of the obstacle line:

The obstacle line is arranged on a natural tough terrain. Distance – 300-450 meters. The line consists of the following obstacles:

- 1) Climbing with the use of fixed rope (not less than 3 meters).
- 2) Cargo lifting (ammunition box) 24 kg.
- 3) River crossing.
- 4) Descent with the use of a fixed rope to a depth not less than 5 meters;
- 5) Stream crossing via stones (dry river wash).
- 6) Grenade throwing (slope steepness 30-35 degrees, length 25 meters, distance between throwing line and control line –15 meters).
- 7) Passing a log.
- 8) Destroyed bridge.
- 9) 'Hill' (slope steepness 30-35 degrees, distance 40-45 meters).
- 10) 'Sport' descent with the belay of a “three Prusikache grasp” knot (slope steepness 30-35 degrees, distance 40-45 meters).
- 11) Restricted pass (distance not less than 5 meters).

The obstacle line is equipped with direction signs, its borders are marked with barrier tape.

Sequence and procedure of crossing the obstacle line can be changed by the decision of the Chief Judge of the Competition according to weather conditions and safety considerations.

The obstacle line is crossed by groups consisting of three participants (combat threes).

The task can be performed with standard weapons without optical sights.

Two threes start simultaneously and move via two parallel routes. Next two threes start after a time interval defined by the Chief Judge.

Assembly points for threes are marked with flags of corresponding colour.

The participants are allowed to cross the obstacles and perform special techniques and actions in any safe way if crossing techniques of the obstacles are not defined in the crossing procedure.

If a participant omits any obstacle or action, it is considered as a failure of the special task.

After crossing every obstacle a participant who crossed the obstacle gives a signal to the next participant. Crossing an obstacle when a previous participant is crossing it, is prohibited.

The three moves to the next obstacle when the third participant crosses the previous obstacle.

The score of a combat three for performing a special task is calculated according to the following formula:

$$\text{Result} = \frac{t_1}{t_2} \times 250$$

t_1 – time of the best triple roped party

t_2 – time of the triple roped party

The points of all threes are summed up for defining a result of a team for the special task.

Special Task 5: Shooting in mountains within a group.

Uniform and equipment for every serviceman:

special suit, demi-season (tracking) boots, kevlar helmet, ammunition vest, standard weapon, tactical backpack (25 liters).

Starting position:

At the command of the judge the participants run to the start line marked with white pillars. The participants form a rank at the starting line towards the shooting range,

Procedure of performing of the special task:

The group commander orders to come into fire position (standing trenches).

When the group commander reports that the participants are ready to shoot, the administrators start to show the targets.

The participants observe in their observation areas and destroy the targets at the command of the group commander or independently.

At the end of shooting the weapons are unloaded and examined.

Target: breast target with circles (target 4) on a shield 0.75x0.75 m, the shield is positioned at the ground level (without an opening).

Target ranges:

Range 1 (100 metres) - 10 targets – for riflemen;

Range 2 (150 metres) - 12 targets – for riflemen, machinegunner and sniper;

Range 3 (200 metres) - 12 targets – for riflemen, machinegunner and sniper;

Range 4 (250 metres) - 2 targets – for machinegunner and sniper.

Number of rounds:

5.45 mm assault rifle rounds - 9 pcs. (3 rounds for every range);

7.62 mm machine gun rounds - 12 pcs. (4 rounds for every range);

7.62 mm SVD rounds - 6 pcs. (2 rounds for every range).

Time for shooting: 30 sec. (for every exposure of targets). Time gap between exposures of targets – 10 sec.

Shooting position: standing from a trench with support.

Procedure of performing of the special task:

The participant shoot at a target positioned at a strictly defined (numbered) firing direction. Number of position (trench) corresponds with firing direction.

This exercise can be performed without optical (collimating) sights.

Every number of points for SVD is multiplied in accordance with a number of shooting range (range 2 – number of points is multiplied by 2, range 3 – number of points is multiplied by 3, range 4 – number of points is multiplied by 4).

The number of points on the results of hits is summed up.

If there are more hits on the target as defined, hits with more points are not considered.

The team which hits more targets (gets more points) than the others receives 1000 points.

The score of the team for performing a special task is calculated according to the following formula:

$$\text{Result} = \frac{t_1}{t_2} \times 1000$$

t₁ – number of points hit by the team;

t₂ – number of points of the best team.

Stage 2 - foot march in highland with standard weapons and communication tools, crossing of different types of mountainous terrain with the use of climbing equipment.

Route: Azau field – Terskol ravine – Terskol pass (ht. 3534 m) – Irik glacier (ht. 3898 m) – Irikchat glacier (ht. 3784 m) – Dzhikauchekkez ice plateau (ht. 3478 m) – Irahiksyrt plateau (ht. 2961 m) – Buruntysh pass (ht. 3086 m) – Palnbashi pass (ht. 3691 m) – Koltsevoy pass (3523 m) – Kukurtli glacier – Kebek pass (ht. 3671 m) – Veronica pass (ht. 3530 m) – EKT pass (ht. 3420 m) – Ullukam ravine – Khotu-Tau ravine (ht. 3549 m) – Bolshoy Azau glacier (ht. 3334 m) – ice lake (3264 m) – Maly Azau glacier – Terskol settlement (ht. 2462 m).

Route description:

distance – about 95 km;

total gain (loss) in altitude at climb (descend) areas – about 11 km;

route time – 6 days;

route terrain – combined, medium difficulty.

Day 5

The entire unit with weapons and equipment marches through unchallenging ice, grassy and talus slopes during the day. The unit performs the following special tasks on the route:

Special Task 6: Parallel rope bridge.

Uniform:

according to the Appendix 3 of this Regulations.

Starting position:

The group comes to the marked starting area where it prepares to crossing. When all participants are ready to cross the river, the commander reports to the mediator that the unit is ready. At his command the group starts crossing the river.

Procedure of performing of the special task:

First participant crosses the river with side steps, standing on a double (lower) rope and holding a single upper rope. A cowstail should be attached to the upper rope during river crossing.

A team member crossing the river should be belayed with one rope attached to his carabiner. After crossing the river, a team member makes a 'shuttle' of his protecting rope. The carabiner is mounted on the safety rope and in the participant's chest carabiner.

Other participants cross the river with personal weapons in the same way, belayed with a 'shuttle'. The commander of a team defines a priority of river crossing.

Next group member begins to cross the river only when the previous group member has crossed the river, unfastened his carabiner from the rope and 'shuttle' and given a informed that he has finished crossing the river.

The last participant dismounts the 'shuttle' and fastens the fixed rope on himself.

Procedure of performing of the special task:

The time is kept from the command 'GO' of the judge to crossing the river by the last participant and uncoupling of the team equipment from the rope bridge.

If a participant falls from the rope bridge, the team returns him to the starting point with the use of a shuttle. After that the participants tries to cross the river one more time. The time is not stopped during this actions. A participant is considered to be fallen if he hangs on a self-protection.

Crossing of participants to the opposite bank is carried out without backpacks.

The presence of backpacks at the crossing simultaneously with military personnel is prohibited. Backpacks are crossed separately from personnel.

After crossing the river by the last group member the group marks the rope used for protection during crossing the river. At the order of the commander the group forms up the battle order and continues to march on the route.

Special Task 7: Rope bridge across the river.

Uniform:

according to the Appendix 3 of this Regulations.

Starting position:

The group comes to the marked starting area where it prepares to crossing. When the group is ready it marches to the crossing place.

At the marked area the group commander designates three servicemen for guarding. At the command of the commander other members of the group begins preparing to fording the river by the first serviceman. When all serviceman put on harnesses the commander reports to the judge at the area that the unit is ready. At his command the group starts crossing the river.

Procedure of performing of the special task:

River crossing is performed by one serviceman. When organizing a pulley system it is necessary to exclude items blocking the rope with a serrated working surface. He is protected with two ropes tied to his carabiner with figure-8 bends. Before crossing the river the group commander defines communication signals. It's recommended to cross the river diagonally down the river. The serviceman crosses the river with the use of alpenstock.

After crossing the river the serviceman ties two ropes to the marked support, gives a signal, takes the position defined by the commander beforehand and observes the bank of the river.

After tying of the ropes at the opposite bank, the first rope is strained with a tackle system. The second rope is used for making a 'shuttle'. Servicemen who doesn't strain a rope bridge continue to perform circular defense.

After straining the rope bridge the group with hand weapons crosses the river using the rope bridge. The backpacks are transported separately.

The serviceman fastens himself to the strained rope using the main (center) carabiner of the harness, couplings of carabiners are screwed. The weapon is fastened on the harness with a carabiner in order to avoid losing it.

The lanyard is fastened on the prearranged fixed ropes of judges in order to perform an additional protection. The fixed ropes of judges are soft-strained over the rope bridge.

The group member crosses the river on the rope pulling up with hands and pushing off with feet.

The group member crossed the river organize circular defense. One of group members is allowed to be near the rope bridge, help his colleagues to cross the river (lift a group member using the 'shuttle' rope) and receive the cargo.

After crossing the river by a group member the shuttle returns to the starting position. After that next group member crosses the river.

When the entire group and cargo cross the river, the servicemen remove the rope bridge, take them to the opposite bank and put the equipment together.

Procedure of performing of the special task:

Timing for the team begins at the command 'GO' of the judge at the area and ends when the end of the rope crosses the control line at the opposite bank.

The first serviceman prepares himself and crosses the river with the use of the rope and alpenstock which are received upon arrival by the group commander from the mediator.

The main rope of the rope bridge is assembled in a coil and left at the bank. The fixed ropes of judges are not removed. The group puts the equipment together,

at the order of the commander forms up the battle order and marches on a marked route.

Day 6

The entire unit with weapons and equipment marches through unchallenging ice, grassy and talus slopes during the day and performs the special tasks.

Special Task 8: Moving through the rock area.

Uniform:

according to the Appendix 3 of this Regulations.

Starting position:

Upon arrival to the marked area the group members take positions and perform all-round observation.

Procedure of performing of the special task:

At the order of the commander the group members prepare to move through the rock area (put on body harnesses, prepare equipment). The commander designates the group member who moves first through the rock area (leader) and the group member protecting the leader (protector).

The leader and the protector prepare necessary equipment (ropes, carabiners, runners, slings).

The commander of the group reports about readiness and at the command 'GO' the team starts crossing the area.

The leader moves through the rock area with lower protection and mounts the fixed rope. During the move the leader and the protector communicate with each other with voice commands. During the move the group member uses fixed protection points (climbing bolts mounted on the terrain).

The leader climbs to the mounting point of protection station marked on the terrain and organizes self-protection. Then he mounts a protection station with the use of two climbing bolts mounted on the terrain and fixes the rope. Additionally, he can mount a second protection station for climbing of other group members using climbing bolts mounted near the main ones.

The members of the team climb one after another with the use of a fixed rope at the command.

The last group members collect the equipment (dismount the protection stations, coil the ropes).

Procedure of performing of the special task:

Area distance is up to 150 meters. The start point, corridors and finish point of the route are marked on the terrain, the fixed ropes of judges are strained along the marks, passing points are arranged with the use of climbing bolts and marked on the terrain. Places for protection stations are organized with the use of two climbing bolts and marked on the terrain. The group should have 4 main ropes for moving through the area.

Number of the rock area is defined in accordance with the results of drawing procedure.

It's not allowed to miss (not to use) protection points.

Helping a participant climbing on a rope is prohibited.

Only one group member can use the section of the fixed rope.

The timing for the group finishes when the last group member touches the control point.

Upon finishing this task the team puts the equipment together, forms up the battle order and marches via the marked route to the overnight stop.

Check time for arrival to the overnight stop is 18.00.

Day 7

The entire unit with weapons and equipment marches through unchallenging grassy and talus slopes during the day. The unit performs the following special tasks on the route:

Special Task 9: Air delivery with forced march.

Uniform:

according to the Appendix 3 of this Regulations.

Starting position:

The unit arrives at the landing point of Mi-8 helicopter (the unit commander receives the coordinates of the landing point beforehand) and by approach of the helicopter marks the landing point with smoke signal.

Procedure of special task performing:

At the order of the commander the unit embarks at the helicopter.

After arrival at the destination point the whole unit lands by airland delivery from the Mi-8 helicopter, marches to the defined rally point located in 500 m from the delivery point.

Upon arrival at the rally point, the group prepares itself to the forced march. The commander of the group reports the judge about readiness of the group. Upon the command 'GO', the group performs 5 km forced march from the rally point to the arrival point.

Procedure of performing of the special task:

Start and finish points are marked at the terrain by the judging panel.

The timing starts upon crossing the start line by the first group member and finishes upon crossing the finish line by the last group member.

Upon finishing the commander of the unit reports to the representative of the Panel of Judges about completion of the task. The representative of the Panel of Judges checks presence of the group members, availability of weapons and equipment. After that the unit marches to the next special task.

Special Task 10: Injured transportation.

Uniform:

according to the Appendix 3 of this Regulations.

Starting position:

The group is at the range defined by judges. Preparing of equipment before performing of the special task is not allowed. The special task is performed without a pause.

Procedure of performing of the special task:

Upon the command 'GO' the group prepare one of its members (injured) for the transportation in lying position with the use of available climbing equipment (basic rope, insulating mat, sleeping bag, ice picks). The injured must be fixed on the litter during the transportation.

After arranging the transportation system (litter) the group transports the injured across the 2 km long area with slope steepness up to 30°.

Features of performing of the special task:

A team member for transportation is appointed by a group commander.

If the litter breaks, the group should stop. The group proceeds moving only after fixing the litter, the time is not stopped.

The representative of the Panel of Judges fixes the time from the beginning of injured preparing to crossing of the finish line.

Upon finishing the commander of the unit reports to the representative of the Panel of Judges about completion of the task. The representative of the Panel of Judges checks presence of the group members, availability of weapons and equipment. After that the unit marches to the overnight stop.

Check time for arrival to the overnight stop is 18.00.

Day 8

The entire unit with weapons and equipment marches through unchallenging ice and talus slopes during the day. Route: Buruntysh pass (ht. 3086 m) – Palnbashi pass (ht. 3691 m) – Koltsevov pass (3523 m) – Kukurtli glacier – Kebek pass (ht. 3671 m)

Check time for arrival to the overnight stop is 18.00.

Day 9

The entire unit with weapons and equipment marches through unchallenging ice and talus slopes during the day. Route: Kebek pass (ht. 3671 m) – Veronica pass (ht. 3530 m) – EKT pass (ht. 3420 m) – Ullukam ravine – Khotu-Tau ravine (ht. 3549 m)

Check time for arrival to the overnight stop is 18.00.

Day 10:

The entire unit with weapons and equipment marches through unchallenging ice and talus slopes during the day. Route: Khotu-Tau ravine (ht. 3549 m) – Bolshoy Azau glacier (ht. 3334 m) – ice lake (3264 m) – Maly Azau glacier – Terskol settlement (ht. 2462 m). The unit performs the following special tasks on the route:

Special Task 10: Moving through the ice area 1 (climbing).

Uniform:

according to the Appendix 3 of this Regulations.

Starting position:

Upon arrival to the ice area the group members take positions on the marked area (number of the area is defined in accordance with the results of drawing procedure) and perform all-round observation.

The group members prepare to move through the ice area. The commander designates the group member who moves first through the rock area (leader) and the group member protecting the leader (protector).

The leader prepares the necessary equipment (ice screw pitons, carabiners, runners, slings) and attaches it to his harness. The attached equipment should be easily available and should not hang down from the slings of the harness lower

than knee level.

Procedure of performing of the special task:

The group commander reports about readiness of the group. The judge commands 'GO'.

The protector chooses the protection place, mounts an ice screw piton, organizes self-protection (fastens himself to the mounted ice screw piton using the lanyard) and prepares a protection station. The protection station is made with the use of 2 ice screw pitons, carabiners with couplings and a sling. After preparing the protection station the protector prepares the protection for the leader.

The leader (first group member) moves through the ice area with lower protection and mounts the fixed rope. During the move the leader and the protector communicate with each other with voice commands. During the move the group member mounts the protection points using ice screw pitons and slings. The distance between the protection points should not exceed 5 meters.

After mounting of the fixed ropes the group starts climbing at the order of the commander using the fixed ropes and 'jumar' protected with prusik knot. Only one group member can use the section of the fixed rope.

When the group members move through two sections of the fixed rope (climb to the upper protection station) they organize self-protection on prearranged fixed ropes of judges.

Features of performing of the special task:

Area distance is up to 100 meters. The start point, corridors and finish point of the route are marked on the terrain, the fixed ropes of judges are strained along the marks. The group should have 4 main ropes 50 meters long for moving through the ice area.

The leader is changed after fixed rope mounting (a group member should not move as a leader for more than 1 rope).

The equipment used at the first protection station (main rope, ice screw pitons – 2 pcs), is dismantled by the last group member.

The timing for the group finishes when the last group member crosses the control line.

After performing the task, the group moves to the next task.

Special Task 11: Moving through the ice area 2 (descent).

Uniform:

according to the Appendix 3 of this Regulations.

Starting position:

Upon arrival to the marked area the group members take positions and perform all-round observation.

The group members one after another put on harnesses and prepare to cross the ice area.

When all participants put on harnesses the commander reports to the judge at the area that the unit is ready. At his command the group starts to descend.

Procedure of performing of the special task:

During preparariton to the descent the group mounts a protection station (using two ice screw pitons) and throws down the rope. A knot must be tied at the

end of the thrown rope.

Descend of the group members is performed with the use of descenders and self-protection with prusik knot.

The rope must be used by only one group member.

The last group member performs self-unscrew of the ice screw piton and descends on the double rope with prusik knot. After that he removes the ropes.

Features of performing of the special task:

Area distance is up to 100 meters. The start point, corridors and finish point of the route are marked on the terrain, the fixed ropes of judges are strained along the marks.

Number of the ice area is defined in accordance with the results of drawing procedure.

The timing starts upon the command 'Go!' of the judge and finishes upon crossing the finish line by the last group member.

The group puts the equipment together, at the order of the commander forms up the battle order and marches via a marked route.

Special task number 12: Transportation of the victim.

Dress:

in accordance with Appendix No. 3 hereto.

Initial position:

The group is located at the designated turn of the line. Preparation of equipment before the start of the special task is not allowed. A special task is performed on the move.

The order of the special task:

At the command of the voice "At the start! Attention! March! "The team prepares one of the participants (injured) for transportation in the "lying" position, using the available climbing equipment (main rope, insulating mat, sleeping bag, ice axes). The way of transportation must ensure fixation of the victim to the stretcher.

After the manufacture of the transport system (stretcher), the personnel of the group transports the wounded across a 2-km cross-country terrain. with steep slopes up to 30 degrees.

Features of the special task:

Before performing a special task, the judge checks the rope for the absence of auxiliary units on it.

A serviceman for transportation is appointed by the group commander. or dummy can be used (60 kg).

When the improvised litter breaks down, the group stops. The movement continues only after the restoration of the improvised litter, while the time does not stop.

The time is counted by the representative of the judging committee of the competition from the start of preparation of the casualty for transportation to the crossing of the finish line.

The distance between the leader and the last member in the group should not exceed 50 meters.

The results are recorded by stopwatches and an electronic system.

After the finish of the group, the group commander reports to the representative of the judging panel the competition on the task. The representative of the judging committee of the competition checks the availability of personnel, weapons and equipment.

Deadline for arrival at the place of overnight 18.00.

Day 11

Rest of the groups, maintenance of weapons, communication and climbing equipment, receiving of material supplies in the 'Terskol' centre.

Stage 3 – Elbrus ascend with standard weapons and communication tools, with the use of climbing equipment.

Elbrus ascend via the route: Terskol settlement (ht. 2462 m) – Azau field (ht. 2356 m) – Priut 11 (ht. 4200 m) – west summit of Elbrus (ht. 5642 m).

Route description:

distance – about 20 km;

total elevation changes – about 2.2 km;

route time – 2 days;

route terrain – combined, medium difficulty.

Day 12

Special task 13: Forced march from the Azau field to the Priut 11.

Uniform:

according to the Appendix 3 of this Regulations.

Starting position:

The participants are formed up at the starting line in a single column.

Procedure of performing of the special task:

Forced march with weapons and equipment via the route: Azau field – 'Ice Base' – Priut 11 (height 4200 meters).

Features of performing of the special task:

The time is kept from the command 'GO' at the starting line to crossing the finish line by the last participant.

Upon arrival at Priut 11 (height 4200 meters) the group sets up a camp (arranges the accommodation place for the group members).

Day 13

Special Task 14: Elbrus ascent.

Uniform:

according to the Appendix 3 of this Regulations.

Starting position:

The participants are formed up at the starting line in a single column.

Procedure of performing of the special task:

Within specified time the groups move on a classic route (from the south) to the western summit of the Mt. Elbrus (height 5642 meters). Climbing is performed within a group, distance between the pioneer and the rear man of the group should not exceed 150 meters (at direct vision areas). At the areas where direct vision is impossible, the distance between the group members is shortened for providing of direct vision.

At the summit the judge fixes the ascent time of the group according to the ascent time of the last group member. For every group member not reaching the summit the group receives penalty time.

Features of performing of the special task:

The ascend has a time limit. If the group doesn't reach the Elbrus saddle (height 5300 meters) within this time, the ascend finishes and the group is eliminated.

In case of rapid aggravation of weather conditions and dangers to life and health of the participants, the Chief Judge is entitled to cancel performing of a special task or move a finish point of a special task.

After ascent the group descends on the route of the ascent. During the descent the group members hold the distance in accordance with the conditions described above.