

**REGULATION**  
**on Field Kitchen 2019**  
**International Army Contest**  
**among Food Service Specialists**

**I.General Provisions**

1. International Army Contest Field Kitchen among food service specialists (hereinafter referred to as Contest) shall be carried out as part of the International Army Games (hereinafter referred to as Games).

2. General management of the Contest in terms of preparation and holding shall be carried out by the Food Department of the Russian Federation Defense Ministry.

In accordance with the Contest organizer the Contest may be conducted by **co-organizers of the Contest (at other territories of foreign countries)**

3. Goals of the Contest shall include the following:  
strengthening of international military and technical cooperation among participants of the Games;

promotion of military service status;

improvement of field training of the Contest's participants;

development of competitiveness in combat training;

demonstration of capabilities (performances) of military vehicles and equipment (hereinafter referred to as Military Equipment).

4. The location of the Contest to determine:  
253 military firing range of the Western Military District, Alabino, Naro-Fominsk District, Moscow Region (hereinafter referred to as Alabino firing range);

5. The Contest's participating team shall be composed of servicemen (with personal identity) and shall include:

team leader (member of the Judges' Panel) - 1;

team coach – 1;

team representatives (2 cooks and 2 bakers);

technical support group – 2 persons (do not participate in the Shooting competition);

interpreter – 1 (from participating country).

6. Team members (Contest's participants) uniform shall be alike and shall include:

field uniform;

specialized uniform for cooks and bakers (cook's hat, cook's jacket, cook's trousers, cook's apron, cook's towel, shoes, disposable gloves);

special uniform for technical staff (hat, jacket trousers, shoes, gloves);

team leader and team coach shall have cook's jackets;

physical fitness uniform (for leisure, cultural and sports events).

7. For cooking food, baking bread and flour products in field conditions during the Contest the following items shall be used: PP-40 portable cookers (ПП-40), KP-30 portable kitchens (КП-30), KP-130 trailer kitchens (КП-130), and

PKhB-0,4 trailer bakery units (ПХБ-0,4) or bakery car KhPA-0.4 (upon the Contest organizer decision or with his consent, technical means could be replaced by more advanced).

The use of teams' own cooking and bakery means (trailer and portable technical means) similar to Russian-made equipment in heating method (use of liquid (diesel) fuel with spray burners) shall be allowed.

8. The Contest shall be carried out as part of the Games in three stages:  
the First Stage of the Contest – “Marksmanship competition”;  
the Second Stage of the Contest – “Competition on cooking and bakery according to manufacturing formula and the Contest-given set of ingredients”;  
the Third Stage of the Contest – “Competition on cooking and bakery according to the menu and the Contest-given recipes”.

9. Master class in national cuisine by the Contest's teams (scores for this stage shall not be counted in final rating table of the Contest) shall be held in opening day of the International Army Games.

Master class in national cuisine should be conducted for:

Introduction of participants and guests of the Contest to national cuisine of participating countries;

demonstration of qualification level and professionalism of participants;

demonstration of cooking process of various, delicious and healthy food in the field conditions;

sharing experience and technique of national cooking and increasing cooking skills of servicemen;

possibility of trying national cuisine meals.

## **II. Preparation and Holding of the Contest**

10. The Contest organizer (**co-organizer**) shall determine the Contest administration staff for them to directly manage overall provisioning of the Contest (determination the time of start and finish of cooking during the Games).

11. Regulations on the Contest holding are elaborated and approved by the Contest organizer (the Food Department of the Defense Ministry of the Russian Federation); all the changes in these regulations should be performed by the Contest organizer only or with his consent.

12. For objective judging of stages of the Contest the Judges' Panel shall be appointed, it shall include: Chief Judge of the Contest and Secretary of the Contest, Assistant of the Secretary of the Contest and Field Referees; Contest Judges' Panel Members – one representative from each participating country (all team leaders) with interpreters (as agreed).

The Secretary, Assistant of the Secretary of the Contest and Field Referees of the Contest shall be appointed from the most prepared servicemen from the Contest organizing (**co-organizing**) country.

Field Referees are appointed for each cooking point from the Contest organizing (**co-organizing**) country.

13. The Judges' Panel of the Contest shall assume the responsibility for holding the Contest in accordance with this Regulation and regulation on the judging of the Contest, as well as for evaluating and summarizing of the results shown in the Contest.
14. When applicable, all violations by the Contest's participants shall be captured in a photograph or on film.

### **III. Conditions of the Competition**

15. The official motto of the contest is: "He Who Eats Better Fights Better!"

#### **Prior to the beginning of the Contest:**

16. Written request to the Contest organizer (**co-organizer**) on confirmation of participation in the Contest shall be forwarded not later than **60 days** prior to the Games opening (for well planning and preparation of overall provisioning of the Contest)
17. Lists of participants in the Contest and copies of personal identities (military cards) shall be presented **50 days** prior to the Games opening according to the application form (*sequential number, position in the Contest, rank, surname and first names, date of birth, personal ID number, military card number*).
18. Arrival of the Contest participating countries to the venue and their accommodation shall be done not later than 7 days prior to the beginning of the Contest. During this period, the following actions shall be undertaken:
  - arrival, accommodation and registration of the participating teams;
  - introduction to the program, order and conditions of the Contest;
  - NB: The Program of the Contest could be specified and amended, if necessary, by the Contest organizers with due regard to the number of arrived participating countries.***
    - forwarding of further detailed **written** applications by team leaders of foreign countries for the Contest participation;
    - familiarization with food service technical means engaged in the Contest;
    - performing the drawing in order to define workspace and subgroup number for each team;
    - receiving of technical means and equipment that will be used during the Contest;
    - carrying out lessons by the Contest organizers (**co-organizers**) on use and safety requirements of the equipment with the Contest teams;
    - preparation of technical means for operation, their testing;
    - medical examination of the participants, including taking samples in accordance with legislation of the Contest organizing (**co-organizing**) country for cooks and bakers (***The in-depth medical examination of the Contest's participants with issuing of permission for cooking shall be carried out at the time of arrival and another exam – before each stage of the Contest.***);
    - NB: The participants that have not passed a medical examination and safety precautions briefing shall not be allowed to participate in the Contest or***

*its stages.*

teams trainings under the guidance of coaches;  
practices in boiling and baking (if teams have arrived without their technical cooking and baking equipment);  
carrying out of leisure, cultural and sport events;  
rehearsal of the official Opening Ceremony of the Games (appointed groups from each participating state only);  
preparation of teams for the Master-class in national cuisine.

**During the Contest:**

20. Only teams that timely provided applications for participation in the Contest, arrival and preparation, will be allowed to participate in the Contest.

21. If a participant falls ill or is rejected on any reason from the Contest, he shall not be replaced (the team continues to participate in the Contest in reduced composition).

22. The first stage – "Marksmanship Competition" will determine the level of shooting skills of each participant with setting the appropriate number of points in the Rating Table of the Contest.

«Marksmanship Competition» shall be held on an assault rifle shooting range.

The shooting range shall be equipped with directions for shooting, initial line, line of opening fire and fire positions.

Upon command of a shooting leader, the participants perform the "Positioning fire at stationary target in a daytime" shooting exercise.

Assault rifle targets:

half-silhouette target with circles (Annex 5) on a board 0,50 x 0,50 m., stationed.

Distance to the target: 100 m.

Number of rounds: 6 (3 – observing, 3 – control)

Time limits: unlimited

Firing position: prone position with support.

Weapons: AK-74 automatic rifle (or similar) with open mechanical sight.

**Special characteristics for shooting:**

When carrying out shooting exercise, the participants shall be equipped with body armors, steel helmet and magazine pouch.

Presence of instructors during shooting control exercise is prohibited.

The exercise will be carried out in two series of single shots, three rounds each. After the first (observing) series of shots, the representative of the Contest Judges` Panel with the Contest participant will approach the target and mark the results. The results of the second (control) series of shots will be scored as the Contest result and by this, observation the targets after finishing the shooting by the special order of the Contest Judges` Panel representative.

For hitting the bulleye (10 cm. diameter) 10 scores will be given. For hitting every subsequent circle, the number of scores will be reduced by 1. (10, 9, 8, 7, 6 – Annex 5).

In case of direct hit in circle line the point will be scored in favor of the shooter.

If the hit is out of circles no points will be scored.

The order of scoring in the Rating table:

The representative of the Judges' Panel of the Contest gives the scores after the inspection of the target. The inspection is carried out together with representative of the team of the first stage "Marksmanship competition", who already accomplished the shooting.

The sum of points (control shots) scored by all representatives of the team will be registered in the rating table of the Contest.

23. The second stage – "Cooking and bakery team competition" will determine the professional level of participants with setting the appropriate number of points in the Rating Table of the Contest.

24. If the Contest sees participation of **more than 8 teams**, the drawing shall be held. According to the results of the drawing teams shall be separated into two groups, with the participation of 12 teams and more teams are divided into three groups and the Second stage of the Contest shall be held in groups.

***NB: Every state (judges from states) arrived for participation in the Contest shall take part in judgment of each group.***

After the Second Stage of the Contest finalists for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in their groups shall be qualified, they will pass to the Third Stage of the Contest.

Teams that do not qualify for the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in their groups after the Second Stage shall not be admitted to further participation in the Contest, the personnel of the teams decreases to the points of permanent deployment to their territories (no later than 3 days) after bringing the results in subgroups and determining the finalists.

***Reference:***

***Judges from the states that continue their further testing in the third stage of the Contest take part in the judging.***

25. For the Second and Third cooking and baking stages of the Contest, the participants shall be issued foodstuff required for the preparation of cold starters, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> courses, bread and bakery in accordance with the list determined by the Contest organizers.

***NB:***

***The second Stage of the Contest will be held as follows:***

*On the first day each team shall cook one cold starter, one first course (soup), one second course (meat (fish) served with a side dish), one third course (beverage) using the products from the list (Annex 1) given to the participants by the Contest administrators. Each meal shall be cooked for 20 persons.*

*On the second day each team bakes using the set of food (Annex 4) issued to participants by the organizers of the Contest and following improvised recipes in an amount of not less than 10 items (small-sized items should be baked in an amount of not less than 5 pieces), or 1 pie (weighing at least 1 kg) is considered to be 1 type of product)*

***The Third Stage of the Contest will be held as follows:***

*During the first day each team cooks two cold starters, two first, two second and two third courses from the set of food (Annex 2) issued to participants by the organizers of the Contest (according to menu and recipes defined by the organizers of the Contest (Annex 2) in an amount of 10 portions of each dish.*

*During the second day each team bakes bread from the set of food (Annex 3) issued to participants by the organizers of the Contest in an amount of not less than 12 loaves (with a mass not less than 1,1 kg and not more than 1,2 kg each) following given recipes (Annex 3).*

26. Daily before the start of the Contest day a drawing procedure will be held to define 'a set of ingredients' for cooking and baking.

27. The time for starting and ending cooking and baking, presenting the food for evaluation by the Judges' Panel shall be determined on the day preceding to the day of the Contest by the administration of the Contest (not more than 4 hours for cooking and not more than 6 hours for baking).

28. During cooking which is performed within the specially equipped areas, the presence of unauthorized personnel except of team members (cook, baker, group of technical support and field referees) shall not be allowed. Members of the Judges' Panel shall not be allowed to the area as well.

During the cooking days only participating cooks and one technical group representative shall be allowed to participate in the stage.

During the baking days only participating bakers and one technical group representative shall be allowed to participate in the stage.

29. For cooking and baking bakery products at the Master Class, participants in the Contest independently purchase the necessary food from the sending party (based on the presence in the trade network on the territory of the organizer (co-organizer) of the Competition, or use food brought from the territories of foreign countries with mandatory documentary evidence their quality and safety (certificates or quality certificates, veterinary certificates, etc.). (based on thirty people).

**IV. Responsibilities of the Contest Participants**

30. The Contest participants shall:

know the provisions of this Regulation and fulfill its requirements;

arrive to all stages of the Contest in time having the document of identification in their possession;

stay in the place arranged for the participants and follow the Games schedule;

strictly follow the instructions of the Contest Judges' Panel;

take security precautions and regulations while weapon handling and using cooking equipment.

Representatives of the Contest teams will not have the right to be a member of the Contest Judges' Panel and to be a participant of the Contest at the same time.

31 The team leader shall be responsible for the military discipline of the

Contest team members and their compliance with the Contest rules, safety requirements and the daily routine.

The team leader shall:  
submit to the Contest Judges` Panel documents required by this Regulation by the deadline;  
indwell in the Contest place, leaving it only with the permission of the Chief Judge of the Contest or his substitutionary;  
inform the team about the decisions of the Contest Judges` Panel, changes in daily schedule and detailed Contest program;  
submit to the Contest Judges` Panel additional application forms, inform in a timely manner about the members of the Contest team, eliminated from the Contest due to medical or other reasons;  
know the results shown by the Contest team members, sum up the results of the Contest team members performance for the day, set goals for the following days;  
attend meetings of the Contest Judges` Panel and the drawing.  
The Contest team leader will be forbidden to make a decision on the withdrawal of the team members from the Contest without an additional application and without notifying the Contest Judges` Panel.

## **V. Program of the Contest**

### ***First day of the Contest:***

medical examination of participants;  
safety requirements briefing;  
Opening Ceremony of the Games (appointed groups from each participating state only);  
Master-class in cooking of national cuisine dishes in an amount of 30 portions (cooking deadline will be established by the administration of the Contest);  
delivery of cooked food to participants and visitors of the Games;  
daily debriefing.

### ***Second day of the Contest:***

introduction to the Contest procedures;  
leisure and cultural events (visits to museums, sights, exhibitions, and other contests of the Games in the Alabino training range).

### ***Third day of the Contest:***

medical examination of participants;  
safety requirements briefing;  
shooting practice, adjustment of arms;  
daily debriefing.

### ***Fourth day of the Contest:***

medical examination of participants;  
safety requirements briefing;

carrying out of the First Stage – Marksmanship Competition;  
summary of the First Stage of the Contest;  
arranging of technical means of food service that will be used in the Contest.

***Fifth day of the Contest:***

leisure and cultural events (visits to museums, sights, exhibitions, and other contests of the Games in the Alabino training range).

***Sixth day of the Contest:***

medical examination of participants;  
safety requirements briefing;  
carrying out of the Second Stage - cooking competition following improvised recipes and using sets of ingredients given by the Contest organizers (in accordance with the Annex 1) in an amount of 20 portions of each dish (cold starter, first course – soup, second course – meat (fish) served with a side dish, third course – beverage);  
quality evaluation of the dishes;  
delivery of cooked food to the participants of the Games;  
daily debriefing.

***Seventh day of the Contest:***

medical examination of participants;  
safety requirements briefing;  
carrying out of the Second Stage – Baking using the set of food issued to participants by the organizers of the Contest (in accordance with the Annex 4) and following improvised recipes;  
quality evaluation of the baked items;  
delivery of baked products to the participants of the Games;  
summary of the Second Stage of the Contest.

***Eight day of the Contest:***

leisure and cultural events (visits to museums, sights, exhibitions, and other contests of the Games in the Alabino training range).

***Ninth day of the Contest:***

leisure and cultural events (visits to museums, sights, exhibitions, and other contests of the Games in the Alabino training range).  
arranging of technical means of food service that will be used in the Contest.

***Tenth day of the Contest:***

medical examination of participants;  
safety requirements briefing;  
cooking in accordance with the menu given in the Annex 2 using sets of ingredients given by the Contest authorities in an amount of 10 portions of each



dish;

quality evaluation of the dishes;  
delivery of cooked food to the participants of the Games;  
daily debriefing.

***Eleventh day of the Contest:***

medical examination of participants;  
safety requirements briefing;  
baking bread in molds in accordance with given recipes (Annex 3) using sets of ingredients given by the Contest authorities;  
quality evaluation of bread;  
delivery of bread to the participants of the Games;

***Twelfth day of the Contest:***

summary of the Contest, filling rating tables, election of winners.

***Thirteenth day of the Contest:***

Closing Ceremony of the Field Kitchen Contest, awarding of winners.

***Fourteenth day of the Contest:***

medical examination of participants;  
safety requirements briefing;  
maintenance of food service equipment used in the Contest, preparation of technical equipment and property used during the “Field Kitchen” Contest for transfer to the country to the organizer.

***Fifteenth day of the Contest (while Games Closing Ceremony):***

medical examination of participants;  
safety requirements briefing;  
reassignment of technical means and equipment to the organizing country;  
closing Ceremony of the Games, awarding of the participants of the Contests.

***After the end of the Contest:***

the participants return to their permanent locations.

**VI. Procedure for Determining the Winners of the Contest**

29. Winners of the Contest shall be determined by the decision of the Judges’ Panel of the Contest by the total number of points scored during the Contest.

30. The quality of the cooked food shall be determined by organoleptic method: inspection of external appearance, definition of consistency, color, taste and smell, as well as aesthetic design of a ready dish. This method gives the opportunity to evaluate accuracy of primary processing and thermal treatment of products, taste and aesthetic design of food.

31. Points are added by representatives of the Judges’ Panel of the Contest

on a 10-point scale (for each dish) after quality evaluation of the cooked food.

***NB: Counting and summing up of points does not take into account one highest and one lowest point.***

35. During the Contest penalty points shall be given for each detected by Judges' Panel fact of:

violation of safety requirements (shooting without appropriate equipment) – minus 10 points;

pointing arms on people and the rear part of the shooting area– minus 10 points;

danger to life and health of the participants of the Contest– minus 10 points;

carrying out exercises without command of a shooting master– minus 10 points;

use of auxiliary devices (optical sight, collimator, supports for arms, devices for adjustment of fire, etc.) – minus 10 points;

use of extra ammunition unspecified by the provisions of the Contest– minus 10 points;

presence of persons not belonging to a team on the firing line– minus 10 points;

use of radio and telephone communication means on the firing line– minus 10 points;

using foodstuff during cooking and baking that is not previewed by the provisions of the Competition and its annexes, including spices – minus 15 points;

cooking, baking and designing of dishes after the expiration of the fixed time– minus 10 points;

violation of cooking technology, recipes, rules for primary processing and cutting forms - 4 points;

violation of sanitary requirements during cooking, baking and food processing – minus 10 points (Sanitary regulations SanPiN 2.3.6.1079-01).

36. In case of a major violation of safety requirements on any Stage of the Contest that could have caused or has caused danger to life and health (burn, scald, cut wounds etc.) of a participant, the team that has committed such violation shall be excluded from the Contest.

for violation of safety requirements, that caused damage to the equipment – minus 15 points.

37. During the evaluation of **cooked dishes**, points can be reduced for the following defaults:

***External appearance:***

*Cold starters* - shape of cut vegetables doesn't match to the requirements, stipulated in Annexes to the Regulation of the Contest - 5 points;

*First course* – products do not keep their size and shape – 5 points;

*Second course* – meat portions are not of the same thickness and are not cut against the grain, meat is raw (burned) – 5 points;

- fish is not roasted well (raw), burned, falls into pieces – 5 points;

- crumbly cereal is not boiled well, the grains do not keep their shape or overboiled, the dish is burned – 2 points;

- one of components of second course is not cooked (side dish, meat or fish) – 10 points;

*Third course* – color, taste and smell do not match to the cooked dish, fruits are overboiled, and the compote is turbid, not cool while being served – 5 points.

***Color:***

- does not match to the cooked dish (for each dish) – 2 points;

***Taste and smell:***

- Do not match to the cooked dish (for each dish) – 2 points;
- During the evaluation, the excess or lack of salt and spices can be identified.

***Texture:***

- the product is underboiled or overboiled – 5 points.

38. During the evaluation of **bread** points can be reduced for the following defaults:

- violation of bakery technology – 2 points;
- weight of bread does not match standard indicators – 2 points;
- bread loaves have different weight (plus or minus 30 g.) – 2 points;
- less than 12 loaves have been baked – 5 points;

***External appearance:***

- irregular shape of bread – 2 points;
- mushroom-shaped, pale crust, burned crust, tears – 2 points.

***Crumb condition:***

- irregular porosity, voids, doughiness, undermixing, lumps of salt – 2 points.

***Taste:***

- oversalted or undersalted – 2 points.

***Smell:***

- bread has a smell of yeast – 5 points.

39. During the evaluation of **bakery products** points can be reduced for the following defaults:

- less than 10 bakery products have been baked – 5 points.

***External appearance:***

- product surface is burnt – 2 points.

***Breadcrumb condition:***

- doughiness, undermixing, lumps of salt – 2 points.

***Taste:***

- oversalted or undersalted – 2 points.

***Smell:***

- bread has a smell of yeast – 5 points.

40. Penalty points (15 points) shall be given to a team for unbalanced judging (prejudicial over- or undervaluation of points for cooked dishes, bread and bakery products) by the Judge appointed from the team.

41. Final rating of each team is determined by the number of points scored at each stage of the Contest.

The number of points scored by the participants of the Contest presents the primary criteria defining their places.

In case of equal amount of points for two teams or more, the teams that have scored more points in cooking following the given menu will prevail.

In case of equal amount of points for two teams or more for cooking following the given menu, a team that has scored more points for baking bread will prevail.

## **VII. Appealing Procedure**

42. An appeal against the results, recorded in the end of the Contest stages, as well as regarding the actions of the Judges' Panel should be submitted by the team leader of the Contest in the written form in the English and Russian languages on the day of the Contest stage until the approval of appropriate results.

43. An appeal against the results is addressed to the Chief Judge of the Contest and is submitted to the Secretary of the Contest.

44. The appeal shall contain in any format the subject of argue, time and place of arguable results of the Contest, as well as actions or decisions with enclosed photos and videos showing arguable results of the Contest, actions (decisions) that are subject to consideration by the Judges' Panel of the Contest.

45. When making a decision on the appeal the Judges' Panel shall take all explanations of a person submitting the appeal and of a person against whom this appeal was submitted. If these persons fail to appear the decision can be made in absentia.

46. Decisions on appeals are made by the Judges' Panel of the Contest in the form of open voting by the majority of judges present at the meeting.

47. If the number of votes is equal the advantage shall be held by the very half where the Chief Judge voted.

48. If the appellant is not satisfied with the decision of the Judges' Panel of the Contest he may submit his appeal to the Judges' Panel of the Games by the same procedure.

49. If a person has any concerns about Contest organization he may make an oral or written statement addressed to the representative of Contest organizer.

50. The statement is made by the team leader in oral form during the Contest not later than one hour after the incident happened.

51. If the issue of oral statement cannot be solved on the spot and requires further examination, team leader shall detail his request in appropriate written appeal.

52. All appeal influencing the daily or stage results shall be considered by the Judges' Panel within 24 hours after the appeal is submitted and not later than daily (stage) protocol is signed.

53. The decision of the Judges' Panel is considered to be adopted if there is a quorum and at least 70% of judges takes part in meeting. The decision shall be documented in protocol and announced to the appellant.

54. The judges has right to announce exclusively joint decision of the Judges' Panel that is documented in protocol. After the decision was adopted, Chief Judge (or judges) cannot express their views on arguable issues.

55. The adopted decision is conclusive and obligatory to all Contest

participants.

56. The results of the Judges' Panel meeting is documented in protocol. This protocol is adopted by the Chief Judge of the Contest and announce to the teams of the Contest.